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Lithuanian Employees' Attitudes towards Internet and E-mail Usage and Surveillance at the Workplace

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Abstract

The following paper is the first study analyzing Lithuanian employees' attitudes towards Internet and e-mail usage and surveillance at the workplace. An online survey is used to collect the data for the study. The obtained information is analyzed by using regression analysis and statistical tests. The analysis shows that on average employees tend to spend around one hour a day for using the Internet and e-mail for personal reasons at work. The main factors influencing Internet abuse are found to be age, the number of supervised people and knowledge of existing filtering software at work. This kind of misuse can be best monitored by creating an Internet and e-mail policy or filtering and blocking systems in cooperation with employees. Furthermore, employees are found to be more willing to accept internet monitoring after it has been implemented.

Keywords: electronic monitoring, Internet abuse, Internet at the workplace.